Life (ayu) is the combination (samyoga) of body, senses, mind and reincarnating soul. Ayurveda is the most sacred science of life, beneficial to humans both in this world and the world beyond.

- Charaka Samhita, Sutrasrthana, 1.42-43, 1500 B.C.
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8.00 to 09:45</td>
<td>Registration &amp; Breakfast</td>
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<tr>
<td>10:00 to 12:00</td>
<td>Inaugural Session&lt;br&gt; Welcome Speech by Additional Chief Secretary, Health &amp; Family Welfare Department, Govt. of Gujarat&lt;br&gt; Lamp lighting and Dhanvantary Pooja&lt;br&gt; Audio-Visual Film by Health &amp; Family Welfare Department, Govt of Gujarat&lt;br&gt; Felicitation of Dignitaries&lt;br&gt; Address by His Holiness Swami Ramdevji Maharaj&lt;br&gt; Address by Hon’ble Chief Minister of Health and Family Welfare, Gujarat&lt;br&gt; Address by Hon’ble Chief Minister, Gujarat&lt;br&gt; Vote of Thanks by Director, Indian System of Medicine and Homeopathy, Govt of Gujarat</td>
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<td>12:00 to 13:00</td>
<td>Plenary Session&lt;br&gt; Vaidya Rajesh Kotecha, Vice Chancellor, Gujarat Ayurved University&lt;br&gt; Professor Abhimanyu Kumar, Director, All India Institute of Ayurveda, New Delhi&lt;br&gt; Dr. Alma Bera, Foundation De Salud Ayurveda PRMA, Argentina&lt;br&gt; Dr. G Geethakrishnan, MEDANTA &amp; Trustee - World Ayurvedic Foundation</td>
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<td>13:00 to 14:00</td>
<td>Lunch Break&lt;br&gt; Break out Session</td>
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<td>14:00 to 15:15</td>
<td>SESSION - 1&lt;br&gt; SESSION - 2&lt;br&gt; SESSION - 3&lt;br&gt; SESSION - 4</td>
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<tr>
<td>15:00 to 15:30</td>
<td>Short Break&lt;br&gt; Break out Session</td>
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<tr>
<td>15:30 to 16:45</td>
<td>SESSION - 5&lt;br&gt; SESSION - 6&lt;br&gt; SESSION - 7&lt;br&gt; SESSION - 8</td>
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<tr>
<td>17:00 to 17:30</td>
<td>Concluding Session</td>
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<td>17:30 to 18:00</td>
<td>High Tea</td>
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**SESSION DETAIL**

**S-1 Metabolism Disorder - Speakers:**
- Prof Kishorsinh Chudasama - Principal, Govt J.P. Ayurveda College, Bhavnagar - Ayurvedic Approach to Diabetes Mellitus
- Prof S H Acharya - Professor, Panchkarma, IPGT & RA Jamnagar - Ayurved wisdom for Hypothyroidism

**S-2: Ayurveda Drug Standardization & Regulatory challenges to Ayurveda Industry & Future prospectus in Ayurveda - Speakers:**
- Chandrakant Bhanushali, General Secretary ADMA - Regulatory & GMP Challenges
- Dr. Brindavanam - ADMA- Bio Resources committee - Biodiversity Act & Ayurveda Industry
- Panel Discussion: Dr. Rashidulla Khan - Dr. V. P. Tyagi - Dr. Vanitha Murlikumar - Dr. Raghunandan Sharma - Future prospectus in Ayurveda

**S-3 Auto Immune Disaster - Speakers:**
- Vaidya Manoj Nesari, Jt. Advisor, Govt of India, New Delhi - Management of Auto Immune Disorder through Ayurveda

**S-4: Child and Woman Health Care - Speakers:**
- Prof, K S Patel. HOD- Kamarabhritya, IPGT & RA, Jamnagar-Child care in Ayurveda
- Vaidya Shilpa Donga, Associate Professor, Dept of Striroga & Prasutitantra, IPGA &RA, Jamnagar
- Research Update in Ayurveda for treating Menopausal Syndrom

**S-5: Rasayana and the Management of Geriatric Disorder - Speakers:**
- Vaidya Pawan Godatwar, Associate Professor & HOD Rognidan, NIA, Jaipur - Quality health for agening population through Ayurveda
- Vaidya Anup Thakar, Associate Professor & HOD Panchkarma Jamnagar - Rasayana - A boon to mankind

**S-6: Manasaroga (Psychiatric) disorders and Ayurveda - Speakers:**
- Prof S N Gupta, Prof & HOD, Kayachikitsa, J.S. Ayurveda Mahavidyalaya, Nadiad - Principles of management of Mental disorder according to Ayurveda

**S-7: Updates on Research in Ayurveda - Speakers:**
- Vaidya Ram Manohar, Director- Research, Arya Vaidya Pharmacy Ltd; Coimbatore - Research updates in Ayurveda
- Vaidya Hitesh Vyas, Asst. Professor, Dept of Basic Principles, IPGT & RA, Jamnagar - Evidenve based clinical Research in Ayurveda

**S-8: Recent advances in Shalaya-Shalakya Tantra - Speakers:**
- Vaidya Harshavardhan Jobanputra, Professor, Dept. of Shalakya, IPGT & RA, Jamnagar - Utility of Shalakya Tantra in the management of Computer vision syndrome
- Prof. K S Dhiman, Professor & HOD, Dept of Shalakya, IPGT & RA, Jamnagar - Utility of Shalakya Tantra in the management of Computer vision Syndrome
Organized by:

**Health and Family Welfare Department**  
Government of Gujarat

Department of Health & Family Welfare, Government of Gujarat has created wide network of health and medical care facilities in the state to provide primary, secondary and tertiary health care at the door step of every citizen of Gujarat with prime focus on BPL families, marginalized population and weaker sections in rural and urban slum areas.

**VISION**
Increase life expectancy and improve physical quality of life of people of Gujarat so that they attain the towards the development of the state.

**MISSION**
Increasing life expectancy through various health and medical care interventions contributing to overall improvement in human development Index of the Gujarat to a level comparable with developed countries.

**HEALTH DEPARTMENT CORE FUNCTION**
Promoting AYUSH as supplement to modern system of medicine

**INITIATIVE**
There are 33 government Ayurveda hospitals and 07 Grant-in-aid hospitals in Gujarat, which provide ancient Ayurveda services to the society with modern tools. Total 1865 beds are available for indoor admission of patient amongst them 1345 beds are existing at government hospital and 520 beds are offered at grant in aid hospital respectively. More than 2 lakh patients admitted in this hospital and get holistic approach to eliminate from root cause level. 4727080 patients were treated as OPD level.

MANAGED & MARKETED BY:

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K and D communication Limited is a name today that has become synonymous with large scale trade fairs in India. With a dedicated expert team, professional approach and an integrity driven corporate philosophy, the company has managed to become the top ranking company in the exhibition industry.

**Digital Backdrop in Main Hall**

**Main Gate - Mahatma Mandir**

**Hon’ble CM Shri Narendra Modi**  
Performing Puja of Lord Dhanvantari
To make Ayurveda more popular and grow, we need to take care of two major things. One is that ayurvedic doctor should trust ayurveda first, and second patient should show patience during treatment. Ayurveda is for all. No smaller No Bigger, No young no old but its suitable to all. Ayurveda can not stand alone, and so it is growing in the form of holistic healthcare system along with others. Homeopathy, Ayurveda, yoga and Unani all together can form the holistic healthcare concept. World is already doing this and we can also do the same as it is and epic, centuries old science written by our Indian maharshis.

There are so many manu scripts, epics and literature centuries old available, but till date there has been no digital data of them available. There are many natural hubs that are also part of our routine food supplement like Haldi, Neem, Tulsi. But before we could think of patenting other nations took the patent. This all becomes a responsibility if government but since decades there has been no action for Ayurveda. We have Gujarat Ayurveda University in Jamnagar which has been attracting many international students to study and graduate in Ayurveda. When I was sent to handle the responsibility of this state governance those days Ayurveda was given budget of just Rs 36 crores but today we have expended the same budget to approx Rs 325 crores.

We are building one of the biggest and hi-tech university in Kolavada near Gandhinagar for Ayurveda. I also believe that Ayurvedic medicine manufacture also should pay a vital role in growing the science rich. For that they should modernize the packaging, make the medicine in such a form which is easily acceptable by people and also do more and more research by promoting good student in Ayurvedic colleges. They should make this medicine in form of supplement food for people. How do we expect any one caring a small plant of herbs or leaves of erbs where ever he/she travels. Its not practical in today’s world so what we need today is a sophisticated and widely acceptable form of Ayurvedic medicines. During the day of Pr. Nehru’s Prime Minister ship, he had formed a commission to find out how can Ayurveda grow and rich to global level.

The hathi commission formed submitted a report which emphasized on one point only that for growing Ayurveda’s reach to every individual it should have a sophisticated packaging. I invite all present here to join hands with us to form a healthy nation in coming years.

Ayurveda can not stand alone, and so it is growing in the form of holistic healthcare system along with others. Homeopathy, Ayurveda, yoga and Unani all together can form the holistic healthcare concept. World is already doing this and we can also do the same as it is and epic, centuries old science written by our Indian maharshis.

Each one of us has a body, mind and soul but we hardly know anything about them. It is like we are driving a car without knowing much about how it works, what kind of fuel to put in it, not knowing the traffic rules, and not even having a driver’s license. What will happen in such a situation? If we want to see a healthy world, it will happen only through Ayurveda, because this is the only medical system, which caters to the ‘complete’ human (body, mind, emotions, soul).

India’s contribution towards science and technology has been overlooked. India’s ancient knowledge is yet a untold story many folds yet to be discovered… many philosophies yet to be understood. It was India, which nurtured the roots of modern medicine. Everything in medicine is expensive today, including the doctor you see, the consultation, and the doctor puts himself in a very fancy clinic, in a fancy hospital which is also expensive, then the machines are expensive. The medicines are horribly expensive. Actual cost of the medicine is very small. Today we should modify our way of thinking… our way of living. Lifestyle disorders are going to be a huge problem for our society in the near future. Many people across the globe has been cured from deadly conditions with the help of Ayurveda, against which even modern medical science struggles. Ayurveda is a very organic way of reacting with our body.

Ayurveda is not offering something orthodox and outdated but it offers solutions based on knowledge that is proven by 5,000 years of research along with 21st century science.

Ayurveda is not a medicine of past at all. Allopathic medicine along with the ancient medicines can be of immense benefit to humanity. It is important to marry these two systems for the benefit of the world.

Ayurveda can be seen as one of the most visible faces of alternative medicine practiced throughout the world. VGNAS 2014 is an initiative to take Ayurveda to the world, through a dynamic platform to discuss, interact, explore and to cultivate a path for a glorious future. Leading Ayurveda institutions, government bodies, private organizations, practitioners, international delegates will share the platform to discuss what the world will discuss tomorrow. The methods of cure related to Ayurveda massages, herbal therapy, yoga and health consciousness are most prominent areas which are gaining interest across the globe and hold the promise to be the next big thing in the medical and well-ness industry.
Delegations of Vibrant Gujarat National Ayurveda Summit 2014 were from various levels of their experience in Ayurveda and its uses for the betterment of human life. 

BABA RAMDEVJI MAHARAJ, SHRI KRISHNA KUMAR ARYA, SHRI BALAJI TAMBE, BAL KRISHNAJI MAHARAJ and many more known personalities had attended this summit. The major concern was supporting this initiative taken by a Visionary person and a political leader Shri Narendra Modi, with a hope of creating a different impact on people and to bring them more effectively closer to Ayurveda and its treatments.
Seminar Conducted by Leading Speakers
ASSOCIATIONS, ORGANIZATIONS & INSTITUTES OF AYURVEDA INDUSTRY

Many leading associations and institutions played an active role in making this Summit successful.

Gujarat Ayurveda University being a premiere institution of Ayurveda and W.H.O. collaborative center, became a center of attraction for foreigners. Students from Nepal, Sri Lanka, and Mauritius came here for regular P.G. degree course. Students from the countries like Germany, Poland, England, Iceland, Switzerland, Netherlands, USA, Canada, Malta, Russia, Ukraine, Mongolia, Australia, Vietnam, Japan, Reunion Island, UK, Poland, Russia, Korea, Finland, Italy, Israel, Turkey, South Africa, Myanmar, Denmark have come to this University to attend various courses. Vd. Rajesh Kotecha – Vice Chancellor of University and Shri Joban Modha Principal to University were active in the summit.

Gujarat Board of Ayurvedic & Unani Systems of Medicines members and authorities played a vital role in inviting the board registered Private Practitioners of Ayurveda. Mr Hasmukh Soni, President of GBAU and other committee members have actively participated in making this event a grand success.

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